

## **FREE Preventive Dental Program**

### **Royal Flying Doctor Service Tasmania.**

Your Child's school is taking part in the Commonwealth Government funded Dental Care Program for regional and remote areas of Tasmania. The RFDS Dental Van will be at St Marys District School from the 13<sup>th</sup> October – 20<sup>th</sup> November 2025.

Your child is invited to take part in a **free** dental program. Includes: dental check-up, oral hygiene, fluoride varnish, fissure sealants and fillings as required.

- > Fissure sealants are protective adhesive coatings applied to deep pits and grooves of teeth to prevent tooth decay.
- > Fluoride varnish is a safe and pain free way to assist the protection of your child's teeth from decay.



Participation requires a signed consent form by a parent/guardian. Please return the form to the school by the 13<sup>th</sup> of October if you would like your child to be seen.

### **Healthy Messages given include:**

- Brush teeth twice a day - every morning after breakfast & evening before bed
- Use a soft bristle toothbrush with a small head
- Use a small amount of fluoride tooth paste
- Spit out but not rinse the toothpaste out
- Water is the best drink for teeth and the body
- Eat healthy sugar free snacks including 5 vegies & 2 fruit everyday

Thank you,  
The Mobile Dental Team,  
The Royal Flying Doctor Service Tasmania.