



# 1-2-3 MAGIC® & EMOTION COACHING PARENT COURSE

*Learn to manage difficult behavior in children 2-12 years old*

A three-session program for parents and carers  
at **Bicheno Primary School, Art Room**  
on **14<sup>th</sup>, 21<sup>st</sup> and 28<sup>th</sup> June at 1-2.30pm.**

## Learn:

- ✓ How to discipline without arguing, yelling or smacking
- ✓ How to sort behaviour
- ✓ How to handle challenging and testing behaviours
- ✓ Choosing your strategy, the three choices
- ✓ Using emotion coaching to encourage good behaviour
- ✓ 7 tactics for encouraging good behaviour

## Parents will receive:

- A 1-2-3 Magic & Emotion Coaching Parent Workbook

## What people are saying...

*What a relief to come across a program that preserves the dignity of the child, maintains the self control of both the parent and the child and is actually easy to remember when memory is the first thing to go!*

*I realized quickly that the 1-2-3 Magic can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control*

## Who is running it?

The presenter for this course is Tanya, who completed Parentshop's 1-2-3 Magic® & Emotion Coaching practitioner training in 2015

Tanya is the Building Blocks Mobile Early Years Education and Care Coordinator and has a background in social work and child care. The Building Blocks program supports families of young children to be the best parent or carer they can be

The course is **FREE** and you can register for this course contacting  
**Tanya Greenwood** M: 0400 002116 or [tanya.greenwood@hub4health.org.au](mailto:tanya.greenwood@hub4health.org.au)  
**FREE child care available Limited numbers**

- An end to the arguing and yelling!
- It saved our lives
- Simple, sane, effective

This course is being run by a Parentshop® licensed practitioner. [www.parentshop.com.au](http://www.parentshop.com.au)



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